

March 2014

Monthly Report



Division of Training & Safety

Monthly Training Topics

Safety Topics

Safety Committee Meeting

Scheduled for May 1, 2014

Non-time Loss Injuries

Month: 0 YTD: 4

Time Loss Injuries

Month: 0 YTD: 2

Accidents

Month: 1 YTD: 6

Annual Fitness and Body Composition Evaluations

Annually each member of the Fire District is evaluated on their fitness level. The individuals obtain their results and have the ability to utilize one of the Peer Fitness Trainers for a personalized work out Program. The components of the evaluation are a treadmill, push ups, core strength testing, grip strength, flexibility, and leg strength. Fitness is a very important component to our everyday living and stress relief. The leading cause of death in the fire service is fatal cardiac events. Fitness is a mandated component of daily routine.

During the month of **March** there were several different training areas covered:

- Vertical Ventilation
- Forcible Entry
- Water Supply
- **Standard Operating Guidelines**
- Officer Development
- Staff meetings
- Truck Operations
- Engine Operations
- Multi-company Operations
- Safety
- **Building Construction**
- Rapid Intervention Crew Training
- Communications
- Self Contained Breathing Apparatus (SCBA) Training
- On duty Fitness
- Right to Know
- Fire Behavior
- EMS Training—System Makeup
- Pre-Plans, Building Familiarization
- Driver Training
- Search and rescue
- Hose line deployment
- **Annual Fitness and Body Composition Evaluations**
- Hazardous Material— Equipment Care, Maintenance and Familiarization
- Computer/Report Training
- NIMS—Incident Command (Continuing Education)

Specialty Team Training

- MABAS 16 - Technical Rescue Team— Basic Skills Evaluation
- CART— TRT—MMTs (Basic Objectives)

Building Construction

Each and everyday older homes are torn down and new homes are constructed in their place. With each new home built new building components are introduced to the market place. Some of those components do not take into consideration the safety of firefighters when the components are exposed to fire. Those components have been proven to fail in half the time as homes that have been constructed in the past. Therefore continued education of building construction is imperative.



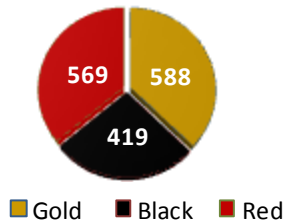
Standard Operations Guidelines—SOG's

The members of the Lisle Woodridge Fire District (LWFD) have developed these Standard Operating Guidelines (SOG's) as a consensus document. The purpose of these SOG's is to provide guidance to the first arriving companies at an emergency scene. This guidance will help ensure that our operations are safe and effective.

These SOG's are not intended to limit the capability or responsibility to adapt to unusual circumstances. These SOG's are intended to help us provide a safe and organized mitigation effort at an emergency scene.

If these SOG's are followed as intended, orders should not be necessary during the initial phases of emergency operations.

Shift Training Hours



The training hours posted are the accumulative hours of training for the month absent the hours of Acting Officer hours.

Training Hours 2014

